

# PERSONALIZED ONE-YEAR TIMELINE FOR **CAPIO APR** CANDIDATES



Congratulations on starting your Accreditation in Public Relations (APR) journey with CAPIO! Use this timeline to plan your key milestones and goals over the next 12 months, filling it in after your Personalized Kickoff Meeting with CAPIO Coach **Rachel Dickman, MBA APR**, and CAPIO Education and Development Chair **Julie Prayter, APR**.

Track your progress monthly, answering the reflective prompts to stay motivated and on track. Suggested milestones are provided; add custom goals to personalize your plan.

MONTH	MILESTONE/ GOAL	TARGET DATE	PROMPTS FOR REFLECTION	NOTES

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Learn more at [www.capio.org/apr](http://www.capio.org/apr)